

Your claim must be  
submitted online or  
postmarked by:  
**DECEMBER 2, 2024**

*Guida v. Gaia, Inc.*  
Case No. 1:22-cv-02350-GPG-MEH  
United States District Court for the District of Colorado  
**GAIA VPPA SETTLEMENT CLAIM FORM**

**GAIA-CLAIM**

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**GENERAL INSTRUCTIONS**

You are eligible to submit a Claim Form if you are a Settlement Class Member.

The **Settlement Class** includes all individuals residing in the United States who, from September 12, 2020, to July 19, 2024, and who had a Facebook account during that period. If you did not watch a video on the Gaia or Yoga International websites using a web browser during that period, did not have a Facebook account during that period, or only accessed Gaia or Yoga International using Gaia's or Yoga International's app, this settlement does not apply to you.

**Excluded** from the Settlement Class are (1) any judge presiding over this Action and members of their families; (2) Defendant, its subsidiaries, parent companies, successors, predecessors, and any entity in which the Defendant or its parents have a controlling interest and their current or former officers, directors, agents, attorneys, and employees; (3) persons who properly execute and file a timely request for exclusion from the class; and (4) the legal representatives, successors, or assigns of any such excluded persons.

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**SETTLEMENT CLASS MEMBER BENEFITS**

If approved by the Court, Gaia will create a Settlement Fund of **\$2,000,000** for the benefit of the Settlement Class. The Settlement Fund will be distributed to Settlement Class Members who file a timely and complete claim on a *pro rata* basis (meaning equal share), after deducting Settlement Administration Expenses; any taxes due on earnings on the Settlement Fund, and any expenses related to the payment of such taxes; any Fee Award awarded by the Court; any Service Award awarded by the Court; and any other Court-approved deductions.

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**SUBMITTING YOUR CLAIM FORM**

To submit a Claim for payment, you may submit a Claim Form:

- (1) **Online:** visit [www.GaiaVPPASettlement.com](http://www.GaiaVPPASettlement.com) to submit a Claim Form online no later than **December 2, 2024; OR**
- (2) **By mail:** print, complete, and submit this Claim Form by mail so it is postmarked no later than **December 2, 2024**, and sent to Gaia VPPA Settlement Administrator, Attn: Claim Submissions, 1650 Arch Street, Suite 2210, Philadelphia, PA 19103.

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**I. CLAIMANT CONTACT INFORMATION**

Provide your contact information below. It is your responsibility to notify the Settlement Administrator of any changes to your contact information after the submission of your Claim Form.

**First Name**

**Last Name**

**Street Address**

**City**

**State**

**Zip Code**

**Email Address**

**Phone Number**

**Notice ID Number**

**II. PAYMENT SELECTION**

Please select **one** of the following payment options:

**Prepaid Mastercard**

Enter the email address you want the Prepaid Mastercard sent to: \_\_\_\_\_

**Venmo**

Enter the mobile number associated with your Venmo account: \_\_\_\_\_

**PayPal**

Enter the email address associated with your PayPal account: \_\_\_\_\_

**Zelle**

Enter the email address or phone number associated with your Zelle account: \_\_\_\_\_

**Check** (Payment will be mailed to the address provided in Section I above)

**III. CERTIFICATION & SIGNATURE**

**By signing below and submitting this Claim Form, I hereby certify that:**

(1) Between September 12, 2020, to July 19, 2024:

(a) I watched a video on the Gaia or Yoga International websites using a web browser during this period; and

(b) I had a Facebook account during this period.

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(2) The information I provided on this Claim Form is true and correct to the best of my knowledge, and this is the only claim I will submit in connection with this Settlement. I understand the Settlement Administrator may contact me to request further verification of the information provided in this Claim Form.

**Signature:** \_\_\_\_\_ **Printed Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_